

# Autumn Soup

## Ingredients



1 lb ground beef	1 Tbsp salt
2 garlic cloves	1/2 tsp mustard powder
2 onions	1/4 c ketchup
2 c cubed carrots	1 tsp pepper
2 c cubed potato	2 Tbsp Worcestershire sauce
4 c water	1 tsp gravy powder or 1 beef stock cube
1 28oz can diced tomatoes	1 bay leaf

## Directions

1. Brown meat
2. Chop onions & mince garlic - add to browned meat & cook for 3-4 minutes
3. Drain off fat if needed
4. Add remaining ingredients, & simmer for 1 1/2 hrs.
5. Enjoy!